

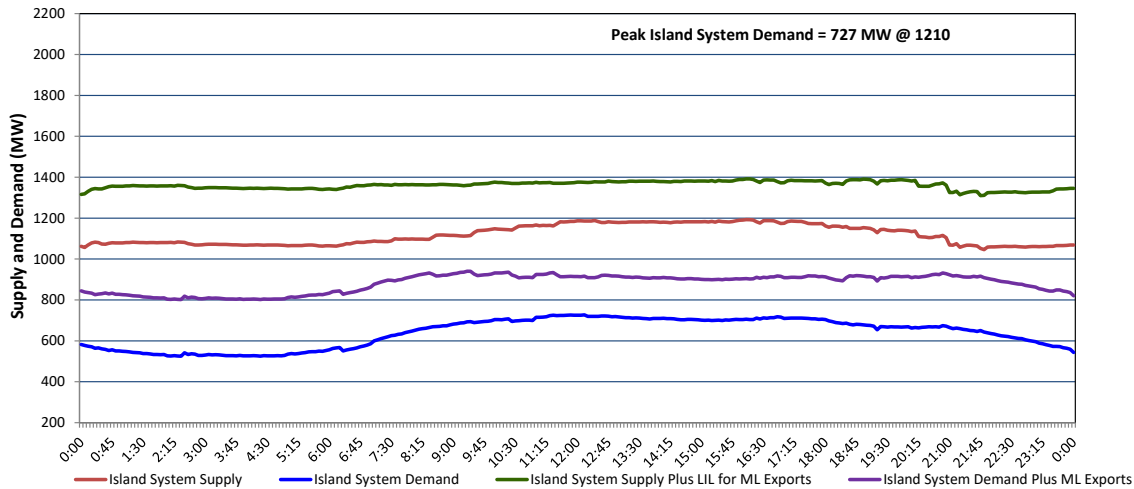
Newfoundland Labrador Hydro (NLH)

Supply and Demand Status Report Filed Monday, August 24, 2026

Section 1

Island Interconnected System - Supply, Demand & Exports

Actual 24 Hour System Performance For Friday, August 21, 2026



Island Supply Notes For August 21, 2026

- A As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).
- B As of 1513 hours, April 16, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- C As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
- D As of 0701 hours, May 24, 2026, Holyrood Unit 1 unavailable due to planned outage 166 MW (170 MW).
- E As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
- F As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 3 unavailable due to planned outage (76.5 MW).
- G As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 4 unavailable due to planned outage (76.5 MW).
- H As of 0820 hours, August 03, 2026, Hardwoods Gas Turbine unavailable due to planned outage (50 MW).
- I As of 1003 hours, August 09, 2026, Cat Arm Unit 1 unavailable due to planned outage (67 MW).
- J As of 1159 hours, August 20, 2026, Cat Arm Unit 2 unavailable due to planned outage 57 MW (67 MW).
- K At 2156 hours, August 21, 2026, Labrador Island Link available at 450 MW due to forced derating (900 MW) - Monopole.

Section 2

Island Interconnected System - Supply, Demand & Outlook

Sat, Aug 22, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	1,076 MW	Saturday, August 22, 2026	735	685
NLH Island Generation: ^{3,7,10}	790 MW	Sunday, August 23, 2026	725	675
NLH Island Power Purchases: ⁵	80 MW	Monday, August 24, 2026	780	730
NP and CBPP Owned Generation:	195 MW	Tuesday, August 25, 2026	805	755
LIL Net Imports to Island: ⁹	11 MW	Wednesday, August 26, 2026	790	740
		Thursday, August 27, 2026	780	730
7-Day Island Peak Demand Forecast:	805 MW	Friday, August 28, 2026	755	705

Island Supply Notes For August 22, 2026

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.
 10. Run-of-river hydro resources are subject to hydrological variability. Reported firm capacity reflects the capacity expected to be available during peak demand periods.

Section 3

Island Peak Demand and Exports Information

Previous Day Actual Peak and Current Day Forecast Peak

Fri, Aug 21, 2026	Island Peak Demand ¹¹	12:10	727 MW
	Exports at Peak		189 MW
	LIL Net Imports to Island		1,720 MWh
Sat, Aug 22, 2026	Forecast Island Peak Demand		735 MW

- Notes:
11. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).